



Fruit & Veggie Bar & Milk Choices

Unlimited fruits and vegetables and choice of milk are included with the lunch meal everyday.



Each student is required to have 1/2 cup of fruits or vegetables on their tray.

Look for the Farmer's Market Logo on this month's menu for the featured Farmers Market selection.



Learn more about this month's Selection on the poster in the dining area or at:

<http://server.lunchtimesolutions.com:81/farmersmarket.pdf>

Other Entrée Choices Available Daily:

C. Sub/Salad/Sandwich Entrées

M-W Sub Sandwich
T-Th Entree Salad Choice
F Sandwich Choice

*Choices vary. See menu board for details.

Lunch Meal Prices & Extras




ES Lunch	\$2.65	Extra Entrée	\$1.75
Adult Lunch	\$3.70	Extra Specialty	\$1.85
Extra Milk	\$0.50	Pizza	

Questions or Comments: Contact Christina Crow Food Service Director, at (507) 360-2715 or c.crow@lunchtimesolutions.com

Applications for Free and Reduced Price meals are available in the school office.
 Menus are subject to change without notice.



This Institution is an equal opportunity provider and employer.

Mon	Tue	Wed	Thu	Fri
				1 A. Hot Ham & Cheese Sandwich B. Home-style Pizza Golden Corn
4 A. Home-style Chicken Ranch Pasta and Dinner Roll B. Cheeseburger Green Beans	5 A. Taco in a Bag B. Hot Dog Chili Lime Corn Cinnamon Bread Stick	6 A. Home-style Turkey & Gravy and Dinner Roll B. Chicken Nuggets and Dinner Roll Mashed Potatoes with Gravy	7 A. Hot Pepperoni Sub B. Grilled Chicken Sandwich Baked Beans Gelatin Dessert	8 A. Toasted Cheese Sandwich and Tomato Soup B. Pizza Mixed Vegetables
11 A. Chicken Fajitas B. Pork Fritter Sandwich Zesty Black Beans	12 A. Beef Stroganoff B. Corn Dog Peas Frosted Cinnamon Roll	13 <i>Holiday Meal</i> A. Baked Ham Slice and Dinner Roll B. Chicken Nuggets and Dinner Roll Scalloped Potatoes Home-style Green Bean Casserole Holiday Cookie 	14 A. Spaghetti with Meat Sauce B. Crispy Chicken Sandwich Green Beans	15 A. Taco Burger B. Home-style Pizza Golden Corn
18 A. Orange Chicken over Rice B. BBQ Rib Sandwich Green Beans	19 A. Super Nachos B. Grilled Chicken Sandwich Refried Beans Rhubarb Crisp 	20 A. Italian Dunkers with Marinara Sauce B. Cheeseburger Candied Carrots Home-style Coleslaw	21 A. Home-style Tater Hot Dish and Dinner Roll B. Hot Dog Mixed Vegetables Chocolate Chip Cookie	22 A. Baked Fish Sandwich B. Pizza Golden Corn
<div style="border: 2px solid red; padding: 10px;">  <p style="color: red; font-style: italic;">from your Lunchtime Solutions food service staff! Kelly, Kim, Peanut and Dorothy</p> </div>				