

**Minnesota and Shape America Physical Education
Standards
Adrian Elementary School
Physical Education Curriculum
2017-2018 School Year**

Standard 1:	Demonstrate competency in a variety of motor skills and movement patterns
Standard 2:	Apply knowledge of concepts, principles, strategies and tactics related to movement and performance
Standard 3:	Demonstrate the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness
Standard 4:	Exhibit responsible personal and social behavior that respects self and others
Standard 5:	Recognize the value of physical activity for health, enjoyment, challenge, self-expression, and/or social interaction