



Breakfast Choices

Available every day, breakfast includes:

- Breakfast entrée or Choice of cereals with toast
- Fruit
- 100% Fruit Juice
- Milk Choices



Fruit or Juice Available Every Day

Start your day off right

Breakfast is Good for Everyone!

Start your day the healthy way! Whole grains and protein get you going and help you do well in class.

Come join us!!



Breakfast Meal Prices & Extras

Elementary School Breakfast	\$1.50
Adult Breakfast	\$1.85
Extra Breakfast Entrée	\$1.10
Extra Cereal	\$.90
Extra Milk	\$.50
Extra Juice	\$.60
Extra Toast	\$.20

Menus are subject to change without notice

Mon	Tue	Wed	Thu	Fri
1 HAPPY NEW YEAR	2 A. Breakfast Pizza B. Cereal Choices and Toast Juice Choices Pineapple	3 A. Dutch Waffle B. Cereal Choices and Toast Juice Choices Applesauce	4 A. Egg & Cheese Biscuit Sandwich B. Cereal Choices and Toast Juice Choices Sliced Peaches	5 A. Iced Long John B. Cereal Choices and Toast Juice Choices Mixed Fruit
8 A. French Toast Sticks B. Cereal Choices and Toast Juice Choices Pineapple	9 A. Breakfast Pizza B. Cereal Choices and Toast Juice Choices Mixed Fruit	10 A. Egg & Cheese Taco Roll B. Cereal Choices and Toast Juice Choices Fresh Orange	11 A. Yogurt with Goldfish Grahams B. Cereal Choices and Toast Juice Choices Applesauce	12 A. Fresh Baked Cinnamon Roll B. Cereal Choices and Toast Juice Choices Sliced Pears
15 NO SCHOOL	16 A. Breakfast Pizza B. Cereal Choices and Toast Juice Choices Pineapple	17 A. Oatmeal with Topping Bar B. Cereal Choices and Toast Juice Choices Apple Wedges	18 A. Apple Strudel B. Cereal Choices and Toast Juice Choices Applesauce	19 A. Iced Long John B. Cereal Choices and Toast Juice Choices Mixed Fruit
22 A. Waffles with Syrup B. Cereal Choices and Toast Juice Choices Apple Wedges	23 A. Breakfast Pizza B. Cereal Choices and Toast Juice Choices Pineapple	24 A. Muffin with Goldfish Grahams B. Cereal Choices and Toast Juice Choices Mixed Fruit	25 A. Sausage Gravy over Biscuit B. Cereal Choices and Toast Juice Choices Pineapple	26 A. Fresh Baked Cinnamon Roll B. Cereal Choices and Toast Juice Choices Applesauce
29 A. Pancakes with Syrup B. Cereal Choices and Toast Juice Choices Pineapple	30 A. Breakfast Pizza B. Cereal Choices and Toast Juice Choices Applesauce	31 A. Egg & Cheese Biscuit Sandwich B. Cereal Choices and Toast Juice Choices Apple Wedges		

Questions, Comments - Contact Christina Crow, Food Service Director at (507) 360-2715 or c.crow@lunchtimesolutions.com

This institution is an equal opportunity provider and employer.

Applications for Free and Reduced price meal are available in all building offices.