



Fruit & Veggie Bar & Milk Choices

Unlimited fruits and vegetables and choice of milk are included with the lunch meal everyday.



Each student is required to have 1/2 cup of fruits or vegetables on their tray.

Look for the Farmer's Market Logo on this month's menu for the featured Farmers Market selection.



Learn more about this month's Selection on the poster in the dining area or at:

<http://server.lunchtimesolutions.com:81/farmersmarket.pdf>

Other Entrée Choices Available Daily:

C. Sub/Salad/Sandwich Entrées

M-W Sub Sandwich
T-Th Entree Salad Choice
F Sandwich Choice

*Choices vary. See menu board for details.

Lunch Meal Prices & Extras

ES Lunch	\$2.65	Extra Entrée	\$1.75
Adult Lunch	\$3.70	Extra Specialty	\$1.85
Extra Milk	\$0.50	Pizza	

Questions or Comments: Contact Christina Crow Food Service Director, at (507) 360-2715 or c.crow@lunchtimesolutions.com

Applications for Free and Reduced Price meals are available in the school office.
 Menus are subject to change without notice.



This Institution is an equal opportunity provider and employer.

Mon	Tue	Wed	Thu	Fri
1 Happy New Year!	2 A. Mexi Tots with Dinner Roll B. Pork Fritter Sandwich Baked Beans Chocolate Chip Cookie	3 A. Chili Smothered Baked Potato & Dinner Roll B. Grilled Chicken Sandwich Peas	4 A. Home-style Beef Goulash and Garlic Breadstick B. BBQ Rib Sandwich Green Beans Sugar Cookie	5 A. Chicken and Waffles B. Pizza Golden Corn
8 A. Chicken Fajitas B. Corn Dog Refried Beans	9 A. Home-style White Bean Chicken Chili and Crackers B. Cheeseburger Green Beans Frosted Cinnamon Roll	10 A. Home-style Chicken & Noodles B. Baked Breaded Beef Fingers Mashed Potatoes with Gravy	11 A. Spaghetti with Meat Sauce B. Crispy Chicken Sandwich Peas Gelatin Dessert	12 A. Beef & Bean Burrito B. Home-style Pizza Roasted Carrots
15 NO SCHOOL	16 A. Super Nachos B. Chicken Nuggets Steamed Carrots Cinnamon Bread Stick	17 A. Beef Lasagna & Garlic Breadstick B. BBQ Pork Sliders BBQ Beans	18 A. Italian Dunkers with Marinara Sauce B. Teriyaki Chicken Sandwich Golden Corn Chocolate Chip Cookie	19 A. Cuban Hot Dog B. Pizza Mixed Vegetables
22 A. Sloppy Joe B. French Toast and Sausage Potato Triangle	23 A. Home-style Golden Macaroni & Cheese B. Chicken Nuggets Peas Carnival Cookie	24 A. Home-style Cheese Quesadilla and Beef Enchilada Soup B. Crispy Chicken Sandwich Zesty Black Beans	25 A. Home-style Cavatini B. Mini Corn Dogs Green Beans Sugar Cookie	26 A. Hot Ham & Cheese Sandwich B. Home-style Pizza Golden Corn
29 A. Home-style Scalloped Potatoes & Ham & Dinner Roll B. Cheeseburger Green Beans	30 A. Taco in a Bag B. Hot Dog Chili Lime Corn Cinnamon Bread Stick	31 A. Meatloaf and Dinner Roll B. Chicken Nuggets and Dinner Roll Mashed Potatoes with Gravy		