



## Breakfast Choices

Available every day, breakfast includes:

- Breakfast entrée or Choice of cereals with toast
- Fruit
- 100% Fruit Juice
- Milk Choices



## Fruit or Juice Available Every Day

Start your day off right

## Breakfast is Good for Everyone!

Start your day the healthy way! Whole grains and protein get you going and help you do well in class.

**Come join us!!**



## Breakfast Meal Prices & Extras

Elementary School Breakfast	\$1.50
Adult Breakfast	\$1.85
Extra Breakfast Entrée	\$1.10
Extra Cereal	\$.90
Extra Milk	\$.50
Extra Juice	\$.60
Extra Toast	\$.20

Menus are subject to change without notice

Mon	Tue	Wed	Thu	Fri
				1 A. Fresh Baked Cinnamon Roll B. Cereal Choices and Toast  Juice Choices Applesauce
4 A. Pancakes with Syrup B. Cereal Choices and Toast  Juice Choices Sliced Pears	5 A. Bacon Breakfast Pizza B. Cereal Choices and Toast  Juice Choices Applesauce	6 A. Dutch Waffle B. Cereal Choices and Toast  Juice Choices Apple Wedges	7 A. Egg & Cheese Biscuit Sandwich B. Cereal Choices and Toast  Juice Choices Pineapple	8 A. Iced Long John B. Cereal Choices and Toast  Juice Choices Sliced Peaches
11 A. French Toast Sticks B. Cereal Choices and Toast  Juice Choices Sliced Pears	12 A. Breakfast Pizza B. Cereal Choices and Toast  Juice Choices Sliced Peaches	13 A. Sausage Gravy over Biscuit B. Cereal Choices and Toast  Juice Choices Pineapple	14 A. Egg & Cheese Taco Roll B. Cereal Choices and Toast  Juice Choices Mixed Fruit	15 A. Fresh Baked Cinnamon Roll B. Cereal Choices and Toast  Juice Choices Applesauce
18 A. Pancake Sausage Stick B. Cereal Choices and Toast  Juice Choices Pineapple	19 A. Bacon Breakfast Pizza B. Cereal Choices and Toast  Juice Choices Applesauce	20 A. Yogurt with Goldfish B. Cereal Choices and Toast  Juice Choices Fresh Orange	21 A. Apple Strudel B. Cereal Choices and Toast  Juice Choices Mixed Fruit	22 A. Iced Long John B. Cereal Choices and Toast  Juice Choices Applesauce

**Questions, Comments - Contact** Christina Crow, Food Service Director at (507) 360-2715 or [c.crow@lunchtimesolutions.com](mailto:c.crow@lunchtimesolutions.com)

*This institution is an equal opportunity provider and employer.*

Applications for Free and Reduced price meal are available in all building offices.