



Breakfast Choices

Available every day, breakfast includes:

- Breakfast entrée or Choice of cereals with toast
- Fruit
- 100% Fruit Juice
- Milk choices



Fruit and Juice Available Every Day

Start your day off right

Breakfast is Good for Everyone!

Start your day the healthy way! Whole grains and protein get you going and help you do well in class.

Come join us!!



Breakfast Meal Prices & Extras

| | |
|------------------------------|--------|
| Middle/High School Breakfast | \$1.50 |
| Adult Breakfast | \$1.85 |
| Extra Breakfast Entrée | \$1.10 |
| Extra Cereal | \$.90 |
| Extra Juice | \$.60 |
| Extra Milk | \$.50 |
| Extra Toast | \$.20 |
| Muffin/Yogurt | \$.75 |

Menus are subject to change without notice

| Mon | Tue | Wed | Thu | Fri |
|---|---|--|---|---|
| | 1 * Breakfast Pizza * Cereal Choices with Toast Juice Choices Mixed Fruit | 2 * Egg & Cheese Taco Roll * Cereal Choices with Toast Juice Choices Fresh Orange | 3 * Sausage Gravy over Fresh Baked Biscuit * Cereal Choices with Toast Juice Choices Applesauce | 4 * Fresh Baked Cinnamon Roll * Cereal Choices with Toast Juice Choices Sliced Pears |
| 7 * Pancake Sausage Stick * Cereal Choices with Toast Juice Choices Mixed Fruit | 8 * Breakfast Pizza * Cereal Choices with Toast Juice Choices Pineapple | 9 * Iced Long John * Cereal Choices with Toast Juice Choices Fresh Apple Wedges | 10 * Egg & Cheese Biscuit Sandwich * Cereal Choices with Toast Juice Choices Applesauce | 11 * Fresh Baked Cinnamon Roll * Cereal Choices with Toast Sliced Peaches Juice Choices |
| 14 * Waffles with Syrup * Cereal Choices with Toast Juice Choices Mixed Fruit | 15 * Breakfast Pizza * Cereal Choices with Toast Juice Choices Pineapple | 16 * Muffins with Graham Crackers * Cereal Choices with Toast Juice Choices Fresh Apple Wedges | 17 * Sausage Gravy over Fresh Baked Biscuit * Cereal Choices with Toast Juice Choices Pineapple | 18 * Fresh Baked Cinnamon Roll * Cereal Choices with Toast Juice Choices Applesauce |
| 21 * Pancake with Syrup * Cereal Choices with Toast Juice Choices Sliced Pears | 22 * Breakfast Pizza * Cereal Choices with Toast Juice Choices Applesauce | 23 * Iced Long John * Cereal Choices with Toast Juice Choices Fresh Apple Wedges | 24 * Egg & Cheese Biscuit Sandwich * Cereal Choices with Toast Juice Choices Pineapple | 25 * Fresh Baked Cinnamon Roll * Cereal Choices with Toast Juice Choices Sliced Peaches |
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Questions, Comments - Contact Christina Crow, Food Service Director at (507) 360-2715 or c.crow@lunchtimesolutions.com

Applications for Free and Reduced price meal are available in all building offices
This institution is an equal opportunity provider and employer.