



Breakfast Choices

Available every day, breakfast includes:

- Breakfast entrée or Choice of cereals with toast
- Fruit
- 100% Fruit Juice
- Milk Choices



Fruit or Juice Available Every Day

Start your day off right

Breakfast is Good for Everyone!

Start your day the healthy way! Whole grains and protein get you going and help you do well in class.

Come join us!!



Breakfast Meal Prices & Extras

Elementary School Breakfast	\$1.50
Adult Breakfast	\$1.85
Extra Breakfast Entrée	\$1.10
Extra Cereal	\$.90
Extra Milk	\$.50
Extra Juice	\$.60
Extra Toast	\$.20

Menus are subject to change without notice

Mon	Tue	Wed	Thu	Fri
2 NO SCHOOL	3 A. Breakfast Pizza B. Cereal Choices and Toast Juice Choices Sliced Peaches	4 A. Sausage Gravy over Biscuit B. Cereal Choices and Toast Juice Choices Pineapple	5 A. Egg & Cheese Taco Roll B. Cereal Choices and Toast Juice Choices Mixed Fruit	6 A. Fresh Baked Cinnamon Roll B. Cereal Choices and Toast Juice Choices Applesauce
9 A. Pancake Sausage Stick B. Cereal Choices and Toast Juice Choices Mixed Fruit	10 A. Breakfast Pizza B. Cereal Choices and Toast Juice Choices Pineapple	11 A. Muffin with Goldfish Grahams B. Cereal Choices and Toast Juice Choices Fresh Orange	12 A. Dutch Waffle B. Cereal Choices and Toast Juice Choices Applesauce	13 A. Iced Long John B. Cereal Choices and Toast Juice Choices Sliced Pears
16 A. Pancakes with Syrup B. Cereal Choices and Toast Juice Choices Mixed Fruit	17 A. Breakfast Pizza B. Cereal Choices and Toast Juice Choices Applesauce	18 A. Chery Strudel B. Cereal Choices and Toast Juice Choices Apple Wedges	19 A. Sausage Gravy over Biscuit B. Cereal Choices and Toast Juice Choices Pineapple	20 A. Fresh Baked Cinnamon Roll B. Cereal Choices and Toast Juice Choices Sliced Peaches
23 A. Waffles with Syrup B. Cereal Choices and Toast Mixed Fruit Juice Choices	24 A. Breakfast Pizza B. Cereal Choices and Toast Juice Choices Pineapple	25 A. Egg & Cheese Biscuit Sandwich B. Cereal Choices and Toast Juice Choices Sliced Peaches	26 A. Breakfast Sliders B. Cereal Choices and Toast Juice Choices Sliced Pears	27 A. Iced Long John B. Cereal Choices and Toast Juice Choices Applesauce
30 A. French Toast Sticks B. Cereal Choices and Toast Juice Choices Pineapple				

Questions, Comments - Contact Christina Crow, Food Service Director at (507) 360-2715 or c.crow@lunchtimesolutions.com

This institution is an equal opportunity provider and employer.

Applications for Free and Reduced price meal are available in all building offices.