

JUNIOR CARDINAL
RELAYS April 23, 2019 4:30
P.M.

ORDER OF EVENTS

7th, 8th & 9th Girls-5:00 p.m.

1600 Run
100 Low Hurdles
100 Dash
400 Relay
400 Dash
200 Dash
800 Run
Medley Relay

7th, 8th & 9th Boys-5:00 p.m.

1600 Run
100 Low Hurdles
100 Dash
400 Relay
400 Dash
200 Dash
800 Run
Medley Relay

Field Events-4:30 p.m.

Shot - boys first and then girls
Disc - girls first and then boys
High Jump - boys first and then girls
Long Jump - girls first and then boys
Pole Vault - girls first and then boys
Triple Jump - boys first and then girls