



Breakfast Choices

Available every day, breakfast includes:

- Breakfast entrée or Choice of cereals with toast
- Fruit
- 100% Fruit Juice
- Milk Choices



Fruit or Juice Available Every Day

Start your day off right

Breakfast is Good for Everyone!

Start your day the healthy way! Whole grains and protein get you going and help you do well in class.

Come join us!!



Breakfast Meal Prices & Extras

Elementary School Breakfast	\$1.50
Adult Breakfast	\$1.85
Extra Breakfast Entrée	\$1.10
Extra Cereal	\$.90
Extra Milk	\$.50
Extra Juice	\$.60
Extra Toast	\$.20

Menus are subject to change without notice

Mon	Tue	Wed	Thu	Fri
	1 * Breakfast Pizza * Cereal Choices with Toast Juice Choices Mixed Fruit	2 * Egg & Cheese Taco Roll * Cereal Choices with Toast Juice Choices Fresh Orange	3 * Sausage Gravy over Fresh Baked Biscuit * Cereal Choices with Toast Juice Choices Applesauce	4 * Fresh Baked Cinnamon Roll * Cereal Choices with Toast Juice Choices Sliced Pears
7 * Pancake Sausage Stick * Cereal Choices with Toast Juice Choices Mixed Fruit	8 * Breakfast Pizza * Cereal Choices with Toast Juice Choices Pineapple	9 * Dutch Waffle * Cereal Choices with Toast Juice Choices Fresh Apple Wedges	10 * Egg & Cheese Biscuit Sandwich * Cereal Choices with Toast Juice Choices Applesauce	11 * Iced Long John * Cereal Choices with Toast Sliced Peaches Juice Choices
14 * Waffles with Syrup * Cereal Choices with Toast Juice Choices Fresh Apple Wedges	15 * Breakfast Pizza * Cereal Choices with Toast Juice Choices Pineapple	16 * Apple Frudel * Cereal Choices with Toast Juice Choices Mixed Fruit	17 * Sausage Gravy over Fresh Baked Biscuit * Cereal Choices with Toast Juice Choices Pineapple	18 * Fresh Baked Cinnamon Roll * Cereal Choices with Toast Juice Choices Applesauce
21 * Pancake with Syrup * Cereal Choices with Toast Juice Choices Pineapple	22 * Breakfast Pizza * Cereal Choices with Toast Juice Choices Applesauce	23 * Mini Bagel * Cereal Choices with Toast Juice Choices Fresh Apple Wedges	24 * Breakfast Sliders * Cereal Choices with Toast Juice Choices Sliced Pears	25 * Iced Long John * Cereal Choices with Toast Juice Choices Sliced Peaches

Questions, Comments - Contact Christina Crow, Food Service Director at (507) 360-2715 or c.crow@lunchtimesolutions.com

This institution is an equal opportunity provider and employer.

Applications for Free and Reduced price meal are available in all building offices.