

2017-2018 Adrian Physical Education



Adrian Elementary students have physical education class five days per week. Each 30-minute class period is designed to promote the standards developed by Shape America. The goal for the Physical Education program is to offer students educational opportunities that promote healthy lifestyle choices that last a lifetime.

The AES Physical Education department implemented the SPARK Physical Education curriculum during the 2014-2015 school year. The SPARK Curriculum is a research-based curriculum that assists Physical Educators, Early Childhood specialists, and Coordinated School Health programs serving K-12th grade students (www.sparkpe.org).

The SPARK Program strives to raise environmental and behavioral change by providing a coordinated curriculum package and content-matched equipment. SPARK began in 1989 and since that time it has provided curriculum materials, teacher training, and consultations to over 100,000 physical education teachers representing many schools, organizations, and agencies throughout the world. Many different units have been implemented into the elementary physical education curriculum since the 2014-2015 school year (www.sparkpe.org).

My expectation for each student is to give a great effort, follow directions, respects their classmates and strives to have fun during each physical education class.

If a student is not following directions or is being unsafe the teacher will redirect them to get back on task for the first infraction. The second infraction will result in the student sitting out of the activity for three minutes. The third infraction will result in the loss of two points from the unit and a notification to the parents. If a student forgets their P.E. shoes they will be walking along the bleachers for the duration of the class.