

6 th Grade Physical Education Curriculum – meets every other day all year	7 th & 8th Grade Physical Education Curriculum – meets every other day all year
<ul style="list-style-type: none"> - Flag Football - Fitness Testing - Soccer – Large Goals - Socc - Speedball 	<ul style="list-style-type: none"> - Flag Football - Fitness Testing - Soccer – Large Goals - Socc - Speedball
<ul style="list-style-type: none"> - Lacrosse - Volleyball - Handball 	<ul style="list-style-type: none"> - Lacrosse - Volleyball - Handball
<ul style="list-style-type: none"> - Floor hockey - Field hockey - Polo/Broomball - Weight and Cardio Training - Hocker 	<ul style="list-style-type: none"> - Floor hockey - Weight and Cardio Training - Hocker - Field hockey - Polo/Broomball
<ul style="list-style-type: none"> - Basketball - Indoor Baseball - Indoor soccer/handball 	<ul style="list-style-type: none"> - Basketball - Indoor Baseball - Indoor soccer/handball
<ul style="list-style-type: none"> - Badminton - Pickle ball - Table Tennis - Softball 	<ul style="list-style-type: none"> - Badminton - Pickle ball - Table Tennis - Softball